

## AFFIRMATION TEST

### Dear Client,

Welcome and thank you for choosing the Plasma Saal Health Centre. At Plasma Saal we combine cutting edge technologies in the field of quantum medicine with a holistic approach to human health. We are happy to offer you the **Quantum Hair Sample Analysis (QSHA)** – a non-invasive, detailed and quick health assessment and analysis.

### HOW DOES IT WORK?

Our bodies provide us with information about our emotional, mental and physical states. In the same way that the iris of an eye or a fingerprint contain unique information about each of us, hair also carries various types of energies which are a part of us. With just a small lock of hair we can assess vital information about your current health state and assist you in a healing process.

Did you know that hair grows approximately 1 cm per month and stays on a head 2-6 years before it falls out! So, a single hair sample gathers and stores all types of information about us. For example, a hair shaft (Fig. 1) absorbs and accumulates chemicals, and any toxins that our body is exposed to (e.g. food, water, air, environment).

Each of us is a unique individual, responding differently to similar environments and foods, and there is no “one-size-fits-all” formula. Therefore, the hair samples are unique bioindicators. They can, for example, reveal any mineral deficiencies, presence of heavy metals and other toxic elements, as well as food intolerance and/or nutrients overloads. Furthermore, the hair sample analysis can determine which supplements would be the best to support your health, for example homeopathic and Bach flower remedies, or types of essential oils (e.g. Young Living, doTerra).

This test identifies which affirmation would be the best to assist you in your present life growth. Affirmations are positive words, statements that can help you to balance your subconscious mind, therefore, affirmations can improve your mental and emotional health. The best time to practice your personal affirmations (identified through this test) is in the morning just after you wake up, or late in the evening before going to sleep. This is due to the lower frequency of brain waves (alpha), which are more susceptible to connect with a subconscious level of mind. True healing comes from the inside out, which includes a support for your subconscious mind, and this test is a great start for this type of holistic healing.

**Please contact us at: [plasmaaal@gmail.com](mailto:plasmaaal@gmail.com), +385 99 4574 631; +44 7772 418878;**

NAME SURNAME

ID NUMBER: XXX-XXX-XXX

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# Results of Main Test

Patient Name      Name Surname (452)  
Session Name      Affirmation Test

Session Date      1/8/2020 4:33:00 PM

Focusing

Description

Rate	Lvl	Lvl Value	Notes
>Sub > Subconscious > Self-hate	04	c2/Lv/Gb/P	
>Sub > Subconscious > Lumbar column	09	c5/Nutri/Li	
>Sub > Subconscious > Lack (at proximity, warmth etc.)	11	c6/Purpose/Direction	
>Sub > Subconscious > I believe in me and therefore can I also maintain ground	09	c5/Nutri/Li	
>Sub > I welcome new experiences helping me to overcome the unprocessed of not having a job	01	c1/Toxins	
>Sub > I welcome new experiences helping me to overcome my worrying	12	c7/Fatherr/Authority	
>Sub > I welcome new experiences helping me to overcome my recurring molestation of animals	12	c7/Fatherr/Authority	
>Sub > I welcome new experiences helping me to overcome my improper enthousiasm	07	c4/Ht/Ki/B1	
>Sub > I welcome new experiences helping me to overcome always finding myself unimportant	04	c2/Lv/Gb/P	
>Sub > I take responsibility for the belief that beyond grief is only darkness	07	c4/Ht/Ki/B1	
>Sub > I take responsibility for my recurring fear of (well)being	08	c5/Min/h2o	
>Sub > I speak my truth	08	c5/Min/h2o	
>Sub > I remember events and situations giving rise to my belief that I see criticism as an attack	03	c1/Si/Lymp	
>Sub > I process all causes of the suppression of my emotions	01	c1/Toxins	
>Sub > I process all causes of my dependency on others	10	c5/Intuition/Manifest	
>Sub > I process all causes giving rise to the belief that I will always be too stupid	03	c1/Si/Lymp	

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>Sub > I process all <b>causes</b> giving rise to <b>the belief</b> that I dont matter	10	c5/Intuitio n/ Manifest	
>Sub > I <b>forgive</b> myself for my unethical actions	10	c5/Intuitio n/ Manifest	
>Sub > I <b>forgive</b> myself for my addiction to pleasure	04	c2/Lv/Gb/P	
>Sub > I chose for a drug free body	03	c1/Si/Lymp	
>Sub > I allow myself all space needed to explore my sorrow	10	c5/Intuitio n/ Manifest	
>Sub > I allow myself all space needed to explore my <b>fear</b> to make connections	04	c2/Lv/Gb/P	

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